

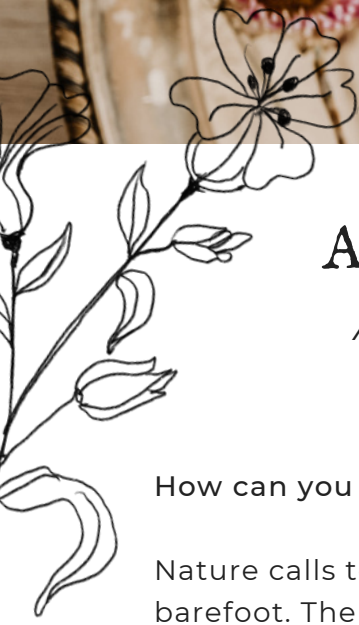


An Herbal Witch's Guide to

HERBAL TEA MAGIC

FOR MANIFESTAION

www.TEAANDTAROTBOUTIQUE.com



ARE YOU AN HERBAL WITCH?

*Are you called to growing, harvesting, nurturing
and learning about the world of plants?*

How can you tell if this is truly your calling?

Nature calls to you. You spend as much time as you can being in nature, preferably barefoot. The Elements of Mother Nature all speak to you. You are excited by strong winds, the dirt beneath your feet, and the calming sound of a nearby stream. You see the magic in all living and non-living things like animals, crystals, plants, water and other natural elements.

Healing through plants is intriguing. You are eager to learn everything you can about herbal medicine for yourself, your family and possibly for others. You are drawn to being a healer, exploring the healing arts or the The Wise Woman path.

Every plant feels like a friend. Dandelions are not weeds, they are cheerful gifts from the Earth! Every plant you see you want to get to know and the more you see, the more you fall in love! Now you have plants hanging all around your house and your kitchen is full of jars and vials. You tend to work with teas, powders and resins of the Earth.



Heather Wright Fitzgerald

Herbal Wellness Coach | Intuitive Tarot Practitioner | Course Creator

HERBAL TEA MAGIC

What is Tea Magic?

In the world of herbal witches, tea magic is at the core of everything we do. Just as we use different herbs for different purposes in our physical lives, so too do we use them in our magical practice. Each herb has its own unique properties and energies that can be harnessed for spellwork, healing, or simply enjoying a cup of tea. The key to successful tea magic is to find the right herbs for your intention. For example, if you are looking to attract love, you might use rose petals and hibiscus flowers in your tea blend. Alternatively, if you are seeking protection or strength, you might choose to add elderberries or yarrow. By infusing your intention into each cup of tea you brew, you can create powerful magic that will support you in all areas of your life.



TEA MAGIC RECIPES

RECIPE FOR LOVE



- 1 Part Red Rose: Love, Lust, Confidence, Healing, Romance, Happiness, Aphrodisiac
- 1 Part Hibiscus: Love, Dreams, Sexuality,
- 1 Part Lemon Balm: Optimism, Balance, Peace, Openness
- 1/2 Part Damiana Leaf: Love, Commitment, Divination, Attraction

RECIPE FOR ABUNDANCE

- 1 Part Cinnamon Chips: Protection, Power, Luck, Warmth, Financial Draw, Success
- 1 Part Orange Peel: Luck, Prosperity, Warmth, Glowing
- 1 Part Blackberry Leaf: Protection, Prosperity, Healing
- 1-2 Bay Leaves: Prosperity, Manifestation, Protection



RECIPE FOR PROPHETIC DREAMS



- 1 Part Lavender: Cleansing, Clairvoyance, Healing, Dreams, Sleep, Tranquility
- 1 Part Passionflower: Calm, Peace, Anxiety Relief
- 1/2 Part Rosemary: Clarity, Purification, Nightmare Protection, Past Life Connection
- 1/2 Part Mugwort: Clairvoyance, Protection, Prophetic Dreams, Divination

TAROT MAGIC SPREAD

TAROT SPREAD FOR MANIFESTATION

I

II

III

IV

V

VI

SPREAD LAYOUT

I. What I desire

II. What is in my way

III. What important details to know

IV. What lessons will I need to learn

V. Next steps

VI. Possible Outcome

HERBCRAFTER TAROT DAILY PULL



THE HERBCRAFTER'S TAROT

Pull a card from the Herbcrafters Tarot to determine which herb to work within your tea magic. Make sure you research the herb first to make sure it is safe to ingest.

DON'T HAVE SOME OF THESE SUPPLIES ALREADY?

Check out the links below to get your hands on some of this herbal goodness for yourself! Head to our Herbpothecary for more delicious herbal goodies!

HERBS



TEA BLENDS



FLOWER ESSENCES



Stay tuned for more of my herbal tips & tricks!

TEA SPELLS

herbal manifestation magic for herbal witches

Discover how to Tea Magic part of your daily routine!
Jump in at any time!

[LEARN MORE](#)